

Request for Proposals

Food Service for Alleghany County Detention Center

The County of Alleghany, NC is currently accepting bids for "FOOD SERVICE" to be provided at the Alleghany County Detention Center. All proposals shall be in accordance with the General Statutes of North Carolina, the Department of Health and Human Services (NCDHHS), and the rules and regulations found in 10A NCAC 14J which provide oversight for jails and local confinement facilities. More information is available at the Alleghany County Government website and online at www.alleghanycounty-nc.gov.

Bids shall include:

- a. Three (3) meals per day, two (2) of which must be hot and at regular times during each 24-hour period, there shall be no more than 14 hours between the evening meal and the breakfast meal the following morning.
- b. Inmates will be served on individual serving trays with proper eating utensils that are consistent with security considerations.
- c. Condiments shall be provided.
- d. Delivery to the Alleghany County Detention Center and inside the Center will be in covered containers to prevent contamination and to maintain the appropriate temperature as required.
- e. Any meals that are not ready to eat upon delivery, whether from improper preparation or from issues related to careless handling during delivery, will be replaced by the provider at no charge.
- f. Menus shall be written, and portion sizes specified as per 10A NCAC 14J.0903 and .0904.
- g. These menus shall be dated and delivered to the Jail Administrator for posting one (1) week in advance of the delivery date of the first meal on the menu.
- h. Any substitutions shall be of comparable nutritional value and shall be recorded.
- i. The same menu shall not be served at lunch and dinner on the same day.
- j. Modified diets such as diabetic diet, shall be provided upon request, if prescribed by appropriate medical or dental personnel with consultation with registered dietitian.
- k. Modified diets shall be provided when reasonably possible to accommodate the sincerely held religious beliefs of an inmate.
- l. Provider will familiarize themselves with the rules of 10 NCAC 14J to ensure compliance with state standards.
- m. Provider understands that at any time a rule change is made by the State of North Carolina, the Provider will take necessary steps to conform to the change in order to stay in compliance.
- n. 10 NCAC 14J.0901 through 14J.0905 are listed as "Attachment A" to this contract.
- o. Provider will check with jail prior to delivery of each meal to verify the number of prisoners to be fed and to inquire as to any modified diet meals.
- p. A Health Department plan review is required.

Note: As previously stated in the first paragraph, it is the providers responsibility to maintain compliance in accordance with the General Statutes of North Carolina, the Department of Health and Human Services (NCDHHS), and the rules and regulations found in 10A NCAC 14J which provide oversight for jails and local confinement facilities.

Payments are made every two weeks upon the approval of invoice by the Alleghany County Detention Center and submitted to the County Finance Officer.

This contract begins July 1, 2023 and remains in effect through June 30, 2024.

Contracts may be terminated by either party, with or without cause, by giving the other no less than 90 days written notice.

Breakfast \$ _____ per meal (plus tax)

Lunch \$ _____ per meal (plus tax)

Dinner \$ _____ per meal (plus tax)

Special Diet \$ _____ per meal (plus tax)

Name of business/provider making bid (please print)

Signature of owner or partner

Date

Bids must be submitted no later than May 12th at 3:00 PM. Bids will be opened immediately following the closing period at the Alleghany County Administration Building located at 348 South Main Street, Sparta, NC 28675.

Alleghany County reserves the right to reject any/all bids, waive any irregularities in bids or accept other than the lowest bid when determined to be in the best interest of the County.

Note: Please deliver bids to the Alleghany County Manager's Office located at the address mentioned above.

“ATTACHMENT A”

SECTION .0900 - FOOD

10A NCAC 14J .0901 FOOD SERVICE

- (a) In jails that purchase meals from an outside provider, a written contract shall require the provider to meet the applicable standards in this Section.
- (b) Inmates who assist with the preparation or service of any meal shall be supervised at all times.

10A NCAC 14J .0902 MEAL SERVICE

- (a) Each jail shall provide at least three meals for inmates, two of which must be hot, at regular times during each 24-hour period. There shall be not more than 14 hours between the evening meal and breakfast.
- (b) Food shall be served to inmates on individual serving trays. Eating utensils, consistent with security considerations, and condiments shall be provided.
- (c) While food is being transported, either from inside or outside the jail it shall be covered to prevent contamination. Food must be maintained at appropriate serving temperatures as specified in Commission for Public Health Rule 15 NCAC 18A .1522.
- (d) Food shall never be used as a reward or punishment.
- (e) Each jail shall keep a daily record of the number of meals served.

10A NCAC 14J .0903 FOOD AND NUTRIENT REQUIREMENTS

- (a) The average nutrient content of weekly menus shall meet the Recommended Dietary Allowances of the National Academy of Sciences which are hereby adopted by reference pursuant to G.S. 150B-14(c).
- (b) Daily menus shall include the following:
 - (1) Milk Group: Two servings;
 - (2) Fruit Group: Two servings, one of which shall be citrus;
 - (3) Vegetable Group: Three servings;
 - (4) Meat or Protein Group: Two servings;
 - (5) Cereal or Bread Group: Four servings of whole grain or enriched products; and
 - (6) Calories: 2,100 - 2,500.
- (c) For all pregnant women and inmates under age 18, the milk group shall include four servings per day.

10A NCAC 14J .0904 MENUS

- (a) A jail shall prepare menus in consultation with a dietitian or nutritionist.
- (b) Menus shall be written and portion sizes shall be specified within the menu.
- (c) Menus shall be dated and posted in the jail one week in advance of serving a meal.
- (d) Menus shall be served to inmates as written, unless a substitution of comparable nutritional value is served as determined by the dietitian or nutritionist. Substitutions to the menu shall be made in consultation with a dietitian or nutritionist.
- (e) The same menu shall not be served at lunch and dinner on the same day.
- (f) Dated menus and records of any substitutions shall be retained for three years by the jail or the jail's food vendor, either at the jail or at a remote location.
- (g) If requested during a Construction Section inspection, the jail shall make dated menus and records of substitutions available to the Construction Section within 30 days of the request.

10A NCAC 14J .0905 MODIFIED DIETS

- (a) Modified diets shall be provided if prescribed by appropriate medical or dental personnel.
- (b) Modified diets shall be provided when reasonably possible to accommodate the sincerely held religious beliefs of an inmate.
- (c) Written menus for modified diets shall be prepared in consultation with a registered dietitian.
- (d) Modified diets shall be served as written. Any necessary substitutions shall be of comparable nutritional value, and a written record of substitutions shall be kept. Dated menus of modified diets and records of any substitutions shall be retained for three years.
- (e) Each jail shall maintain a current list of inmates requiring modified diets, and it shall be posted for use by staff.
- (f) Each jail shall record the number of modified diets served at each meal, along with the name of each inmate and the type of modified diet that he or she received.